

Saturday, Sunday and Holidays, Effective May 22, 2023 - September 4, 2023

Eastbound

To West  
Hempstead

Weekends &  
Holidays

See the  
TrainTime app  
for complete  
service west  
of Jamaica as  
well as transfer  
options.

For explanation, see "Reference Notes."																				
	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
GRAND CENTRAL	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Woodside	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Forest Hills	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Kew Gardens	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
ATLANTIC TERMINAL	5:41	6:41	7:41	8:41	9:41	10:41	11:41	12:41	1:41	2:41	3:41	4:41	5:41	6:41	7:41	8:41	9:41	10:41	11:41	11:41
Nostrand Avenue	5:48	6:48	7:48	8:48	9:48	10:48	11:48	12:48	1:48	2:48	3:48	4:48	5:48	6:48	7:48	8:48	9:48	10:48	11:48	11:48
East New York	5:53	6:53	7:53	8:53	9:53	10:53	11:53	12:53	1:53	2:53	3:53	4:53	5:53	6:53	7:53	8:53	9:53	10:53	11:53	11:53
JAMAICA (Arrive)	6:02	7:02	8:02	9:02	10:02	11:02	12:02	1:02	2:02	3:02	4:02	5:02	6:02	7:02	8:02	9:02	10:02	11:02	12:02	12:02
JAMAICA (Leave)	6:03	7:03	8:03	9:03	10:03	11:03	12:03	1:03	2:03	3:03	4:03	5:03	6:03	7:03	8:03	9:03	10:03	11:03	12:03	12:03
St. Albans	6:09	7:09	8:09	9:09	10:09	11:09	12:09	1:09	2:09	3:09	4:09	5:09	6:09	7:09	8:09	9:09	10:09	11:09	12:09	12:09
Westwood	6:19	7:19	8:19	9:19	10:19	11:19	12:19	1:19	2:19	3:19	4:19	5:19	6:19	7:19	8:19	9:19	10:19	11:19	12:19	12:19
Malverne	6:21	7:21	8:21	9:21	10:21	11:21	12:21	1:21	2:21	3:21	4:21	5:21	6:21	7:21	8:21	9:21	10:21	11:21	12:21	12:21
Lakeview	6:23	7:23	8:23	9:23	10:23	11:23	12:23	1:23	2:23	3:23	4:23	5:23	6:23	7:23	8:23	9:23	10:23	11:23	12:23	12:23
Hempstead Gardens	6:25	7:25	8:25	9:25	10:25	11:25	12:25	1:25	2:25	3:25	4:25	5:25	6:25	7:25	8:25	9:25	10:25	11:25	12:25	12:25
WEST HEMPSTEAD	6:30	7:30	8:30	9:30	10:30	11:30	12:30	1:30	2:30	3:30	4:30	5:30	6:30	7:30	8:30	9:30	10:30	11:30	12:30	12:30
	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM
Train #	7708	7710	7712	7714	7716	7718	7720	7750	7752	7754	7756	7758	7760	7762	7764	7766	7768	7770	7772	7772

Saturday, Sunday and Holidays, Effective May 22, 2023 - September 4, 2023

Westbound

To Penn Station,  
Grand Central  
Brooklyn\* &  
Jamaica

Weekends &  
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See the  
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For explanation, see "Reference Notes."																				
	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
WEST HEMPSTEAD	5:57	6:57	7:57	8:57	9:57	10:57	11:57	12:57	1:57	2:57	3:57	4:57	5:57	6:57	7:57	8:57	9:57	10:57	11:57	11:57
Hempstead Gardens	5:59	6:59	7:59	8:59	9:59	10:59	11:59	12:59	1:59	2:59	3:59	4:59	5:59	6:59	7:59	8:59	9:59	10:59	11:59	11:59
Lakeview	6:01	7:01	8:01	9:01	10:01	11:01	12:01	1:01	2:01	3:01	4:01	5:01	6:01	7:01	8:01	9:01	10:01	11:01	12:01	12:01
Malverne	6:03	7:03	8:03	9:03	10:03	11:03	12:03	1:03	2:03	3:03	4:03	5:03	6:03	7:03	8:03	9:03	10:03	11:03	12:03	12:03
Westwood	6:06	7:06	8:06	9:06	10:06	11:06	12:06	1:06	2:06	3:06	4:06	5:06	6:06	7:06	8:06	9:06	10:06	11:06	12:06	12:06
St. Albans	6:17	7:17	8:17	9:17	10:17	11:17	12:17	1:17	2:17	3:17	4:17	5:17	6:17	7:17	8:17	9:17	10:17	11:17	12:17	12:17
JAMAICA (Arrive)	6:23	7:23	8:23	9:23	10:23	11:23	12:23	1:23	2:23	3:23	4:23	5:23	6:23	7:23	8:23	9:23	10:23	11:23	12:23	12:23
JAMAICA (Leave)	6:24	7:24	8:24	9:24	10:24	11:24	12:24	1:24	2:24	3:24	4:24	5:24	6:24	7:24	8:24	9:24	10:24	11:24	12:24	12:24
East New York	6:32	7:32	8:32	9:32	10:32	11:32	12:32	1:32	2:32	3:32	4:32	5:32	6:32	7:32	8:32	9:32	10:32	11:32	12:32	12:32
Nostrand Avenue	6:37	7:37	8:37	9:37	10:37	11:37	12:37	1:37	2:37	3:37	4:37	5:37	6:37	7:37	8:37	9:37	10:37	11:37	12:37	12:37
ATLANTIC TERMINAL	6:44	7:44	8:44	9:44	10:44	11:44	12:44	1:44	2:44	3:44	4:44	5:44	6:44	7:44	8:44	9:44	10:44	11:44	12:44	12:44
Kew Gardens	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Forest Hills	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Woodside	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
GRAND CENTRAL	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
PENN STATION	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM
Train #	7705	7709	7711	7713	7715	7717	7719	7751	7753	7755	7757	7759	7761	7763	7765	7767	7769	7771	7773	7773

Ticket Types

One Way

Good for one ride for 60 days including date of sale. Sold for:  
**Peak** - Weekday trains marked Peak AM or Peak PM herein.  
**Off Peak** – All other trains including all day weekends & holidays.  
(See Reference Notes for holiday details.)

Round Trip

Good for two rides for 60 days including date of sale. Sold for peak or off-peak travel. Priced at the combination of one way fares selected (peak, off-peak, peak/off-peak, senior both ways, etc.).

Weekly

Unlimited rides Saturday through Friday. On sale the Wednesday before the Saturday that the ticket becomes valid. Non-transferable.

Monthly

Unlimited rides during the calendar month indicated on the ticket.  
On sale starting on the 25th of the month prior. Non-transferable.

Ten Trip Tickets

Good for ten rides from/to City Zone 1 only. Valid for six months from date of sale. Transferable. Sold for Peak (10 peak one-way fares), Off Peak (up to 15% off 10 off peak one way fares) or Senior/Disabled or Medicare (10 senior/disabled or Medicare one-way fares).

Senior/People with Disabilities and Medicare Customers

Half-fare good at all times except weekday Peak AM trains. Seniors must be 65 or older with valid ID; people with disabilities must present MTA ID card. Medicare customers must present valid Medicare card or an MTA Reduced-Fare MetroCard at time of ticket purchase or use to obtain half-fare price.

Children's Fares and Family Fare

Children 5–11 years old ride for 50% of adult fares; children under 5 years old ride free at all times. "Family Fare" is available for off-peak travel; up to four children 5–11 may ride for \$1.00 when accompanied by a fare-paying adult 18 years or older.

Refunds

Refunds are subject to a \$10 processing fee per transaction. For One-Way, Round-Trip and Ten-Trip tickets, refunds are offered within their validity period plus two years after expiration. Monthly/weekly refunds based on time held. USPS postmark or time-stamp on application (if submitted at a Ticket Window) used as turn-in date. Expired tickets cannot be used for travel or exchanged.  
Mail to: LIRR Ticket Refunds Department, Jamaica Station – MC 1410, Jamaica, New York 11435

On Board The Train

Onboard ticket sales cost up to \$6.50 more. Train crews must charge the higher on board fare and are not authorized to waive this rule. If an issue arises, pay the requested fare, obtain receipt, and contact us.

Other Ticket Types

See **Tickets & Fares** brochure, our website or call 511 for details & other types: CityTicket, Monthly School, Group Rates, Deals & Getaways, etc.

UNITICKETS (COMBINATION RAIL/BUS TICKETS)

The following discounted bus options are available with the purchase of LIRR Monthly or Weekly tickets:

Bus Operator	Monthly	Weekly
NICE (Nassau Inter-County Express)	\$54.75	\$13.25
Long Beach – All Buses	\$30.00	Not Available
NYCT - Q5, Q12, Q13, Q15, Q16, Q17, Q20, Q26, Q27, Q28, Q31, Q44, Q48, Q85 (at Rosedale, Bayside & Flushing LIRR Stations only)	\$44.75	\$11.50
MTA Bus – Q19, Q25, Q34, Q50, Q65, Q66 (at Flushing LIRR Station only)		

**BuyBefore Boarding**  
Save Money on Tickets

Fares to and from New York and Brooklyn

Between	And Zone	Monthly	Weekly	PEAK Ten Trip	Off-Peak Ten Trip	Senior Ten Trip	PEAK One Way	Off Peak One Way	Senior One Way	Onboard Peak One Way	Onboard Off Peak One Way
Zone 1	1	\$197.00	\$63.00	\$90.00	\$55.25	\$45.00	\$9.00	\$6.50	\$4.50	\$15.00	\$13.00
New York	3	\$234.00	\$75.00	\$107.50	\$66.00	\$52.50	\$10.75	\$7.75	\$5.25	\$17.00	\$14.00
Brooklyn	4	\$270.00	\$86.50	\$125.00	\$78.75	\$62.50	\$12.50	\$9.25	\$6.25	\$19.00	\$15.00
L.I. City	7	\$308.00	\$98.50	\$140.00	\$87.25	\$70.00	\$14.00	\$10.25	\$7.00	\$20.00	\$16.00
Hunterspoint	9	\$363.00	\$116.25	\$167.50	\$102.00	\$82.50	\$16.75	\$12.00	\$8.25	\$23.00	\$18.00
Woodside	10	\$405.00	\$129.50	\$197.50	\$121.25	\$97.50	\$19.75	\$14.25	\$9.75	\$26.00	\$20.00
Forest Hills	12	\$461.00	\$147.50	\$235.00	\$144.50	\$117.50	\$23.50	\$17.00	\$11.75	\$30.00	\$23.00
Kew Gardens	14	\$500.00	\$160.00	\$305.00	\$189.25	\$152.50	\$30.50	\$22.25	\$15.25	\$37.00	\$28.00

Printed on partially recycled paper. Please recycle after use.

Your Safety Is Our Top Priority!

Help us make your trip safer!

- Step over the gap between the train and platform when boarding and exiting.
- Never stand at the edge of a platform, or lean over a platform to see if your train is coming.
- Please safeguard your property, including your electronic devices.
- Never attempt to retrieve something from the track area. If you drop something onto the tracks, notify a LIRR employee for assistance.
- Never lean against standing trains.
- Be extra careful in the winter, especially if ice forms on stairs and platforms.
- Obey posted instructions if the platform is undergoing rehabilitation.

Before Boarding Your Train



Station platforms are accessible to mobility-impaired customers. Please inform the conductor if you need assistance on and off trains. Penn Station is accessible through the 34th Street entrance near 7th Avenue and the 33rd Street entrance at 8th Avenue.



Ticket purchases on board trains will cost more. To save money, buy before boarding at ticket offices and machines.



Westbound PEAK AM electric trains displaying white and red headlights simultaneously are short of cars. If red lights appear, you may need to reposition yourself on the platform to board



The LIRR is a smoke-free public transportation system. Smoking is prohibited at all times on all trains; in all waiting rooms, elevators, staircases and enclosed waiting areas; and in outdoor ticketing, boarding and platform areas of terminals and stations.

On Your Train



Please make sure that your ticket is available for immediate presentation to the conductor. If you change seats or trains en route, hold on to your ticket for presentation to avoid paying an additional fare. On trains that stop at Jamaica, tickets are inspected both before and after the Jamaica stop.



Quiet Cars® are available on weekday AM Peak (FIRST CAR) and PM Peak (LAST CAR) single-level electric trains to/from Penn Station, Grand Central and Atlantic Terminal. Customers should disable the sound on electronic devices; use headphones at a low volume; speak in a subdued voice; refrain from talking on cell phones. *Quiet Car is the registered service mark of the National Railroad Passenger Corporation (Amtrak) and is being used by permission.*



Most LIRR trains have restrooms in every other car. These are always the odd-numbered cars. Check the car number on the outside or the inside of the car to locate a restroom-equipped car.



Luggage should be stored in overhead racks and not take up seat space or block the aisles or doorways of trains. Luggage may not be left unattended. Bags and containers are subject to random search by MTA police.

At Your Destination



Please carefully check to ensure you do not leave anything behind. Should you forget something, our Lost & Found Office in Penn Station will be happy to help. Open weekdays 7:20 AM - 7:20 PM or call 511 (Say "LIRR" then "Lost & Found").



Please help us keep our trains clean by taking coffee cups, paper bags or other disposable items and depositing them in the receptacles on the station platform.



Long Island Rail Road

Effective May 22, 2023 - September 4, 2023

West Hempstead  
Branch Timetable

www.mta.info

West  
Hempstead

Hempstead  
Gardens

Lakeview

Malverne

Westwood

St. Albans

Jamaica

Atlantic Terminal (Brooklyn)

Use the TrainTime app or a City Terminal Zone  
timetable to view full service west of Jamaica  
and plan for

Monday through Friday except Holidays, Effective May 22, 2023 - September 4, 2023

Eastbound

To West  
Hempstead

Weekdays

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options.

For explanation, see "Reference Notes."																Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM					
	AM 5:43	AM J 6:09	AM .....	AM .....	AM .....	AM .....	AM .....	AM .....	AM .....	PM .....	PM .....	PM .....	PM 2:46	PM .....	PM .....	PM .....	PM 5:00	PM 5:19	PM .....	PM .....	PM 6:11	PM 6:34	PM .....	PM 7:02	PM 7:38	PM .....	PM .....	PM .....	PM .....	PM .....
PENN STATION																														
GRAND CENTRAL	.....	J 6:13	7:31	.....	.....	9:04	.....	.....	.....	.....	.....	.....	3:04	.....	.....	.....	.....	.....	5:36	5:51	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Woodside	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	6:45	.....	.....	.....	.....	.....	.....	.....	.....	.....
Forest Hills	5:57	.....	7:46	.....	.....	9:19	.....	.....	.....	.....	.....	.....	3:00	3:19	.....	.....	.....	5:33	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Kew Gardens	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	5:53	.....	6:27	.....	.....	.....	7:54	.....	.....	.....	.....	.....
ATLANTIC TERMINAL	.....	.....	.....	7:36	8:37	.....	9:41	10:46	11:46	12:46	1:46	2:45	.....	.....	3:41	4:26	.....	.....	.....	.....	.....	.....	6:39	.....	.....	8:41	9:41	10:41	11:41	.....
Nostrand Avenue	.....	.....	.....	7:43	8:44	.....	9:48	10:52	11:52	12:52	1:52	2:52	.....	.....	3:48	4:33	.....	.....	.....	.....	.....	.....	.....	.....	8:48	9:48	10:48	11:48	.....	.....
East New York	.....	.....	.....	7:48	8:49	.....	9:53	10:57	11:57	12:57	1:57	2:57	.....	.....	3:53	4:38	.....	.....	.....	.....	.....	.....	.....	.....	8:53	9:53	10:53	11:53	.....	.....
JAMAICA (Arrive)	6:03	6:34	7:52	7:57	8:58	9:24	10:02	11:06	12:06	1:06	2:07	3:05	3:06	3:25	4:02	4:46	5:19	5:38	5:56	6:11	6:30	6:53	7:00	7:21	7:57	9:02	10:02	11:02	12:02	.....
JAMAICA (Leave)	6:04	6:39	7:53	7:58	9:00	9:25	10:03	11:07	12:07	1:07	2:08	3:06	3:07	3:26	4:03	4:48	5:20	5:39	5:57	6:12	6:31	6:54	7:05	7:22	7:58	9:03	10:03	11:03	12:03	.....
St. Albans	6:10	6:46	7:59	8:04	9:06	9:31	10:09	11:13	12:13	1:13	2:14	.....	3:13	3:32	4:09	4:55	5:27	5:45	6:03	6:18	6:37	7:00	7:11	7:28	8:04	9:09	10:09	11:09	12:09	.....
Westwood	.....	6:56	.....	8:14	9:16	.....	10:19	11:23	12:23	1:23	2:23	3:20	.....	.....	4:19	5:05	5:37	.....	6:13	.....	6:47	.....	7:21	.....	8:14	9:19	10:19	11:19	12:19	.....
Malverne	.....	6:58	.....	8:16	9:18	.....	10:21	11:25	12:25	1:25	2:25	3:22	.....	.....	4:21	5:07	5:39	.....	6:15	.....	6:49	.....	7:23	.....	8:16	9:21	10:21	11:21	12:21	.....
Lakeview	.....	7:00	.....	8:18	9:20	.....	10:23	11:27	12:27	1:27	2:27	3:24	.....	.....	4:23	5:09	5:41	.....	6:17	.....	6:51	.....	7:25	.....	8:18	9:23	10:23	11:23	12:23	.....
Hempstead Gardens	.....	7:02	.....	8:20	9:22	.....	10:25	11:29	12:29	1:29	2:29	3:26	.....	.....	4:25	5:11	5:43	.....	6:19	.....	6:53	.....	7:27	.....	8:20	9:25	10:25	11:25	12:25	.....
WEST HEMPSTEAD	.....	7:07	.....	8:25	9:27	.....	10:30	11:34	12:34	1:34	2:34	3:31	.....	.....	4:30	5:16	5:48	.....	6:24	.....	6:58	.....	7:32	.....	8:25	9:30	10:30	11:30	12:30	.....
	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM
Train #	122	1706	222	1710	1712	1290	1714	1716	1718	1750	1752	1754	162	262	1756	1758	1760	1162	1762	270	1764	1178	1766	1184	1768	1770	1772	1774	1776	.....

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WEST HEMPSTEAD	5:22	6:26		7:24		7:53		8:48			9:57	10:57	11:57	12:57	1:57		2:57	3:57			5:51		7:01	7:51	8:57	9:57	10:57	11:57		
Hempstead Gardens	5:24	6:28		7:26		7:55		8:50			9:59	10:59	11:59	12:59	1:59		2:59	3:59			5:53		7:03	7:53	8:59	9:59	10:59	11:59		
Lakeview	5:26	6:30		7:28		7:57		8:52			10:01	11:01	12:01	1:01	2:01		3:01	4:01			5:55		7:05	7:55	9:01	10:01	11:01	12:01		
Malverne	5:28	6:32		7:30		7:59		8:54			10:03	11:03	12:03	1:03	2:03		3:03	4:03			5:57		7:07	7:57	9:03	10:03	11:03	12:03		
Westwood	5:31	6:35		7:33		8:02		8:57			10:06	11:06	12:06	1:06	2:06		3:06	4:06			6:00		7:10	8:00	9:06	10:06	11:06	12:06		
St. Albans	5:42	6:46	7:18	7:44	8:06	8:13	8:23	9:08	9:32	10:04	10:17	11:17	12:17	1:17	2:17	3:11	3:17	4:17	5:04	5:37	6:11	7:05	7:21	8:11	9:17	10:17	11:17	12:17		
JAMAICA (Arrive)	5:48	6:52	7:24	7:50	8:12	8:19	8:29	9:14	9:38	10:10	10:23	11:23	12:23	1:23	2:23	3:17	3:23	4:23	5:10	5:43	6:17	7:11	7:27	8:17	9:23	10:23	11:23	12:23		
JAMAICA (Leave)	5:52	6:53	7:25	7:51	8:13	8:20	8:30	9:15	9:39	10:11	10:24	11:24	12:24	1:24	2:24	3:18	3:24	4:24	5:11	5:44	6:18	7:12	7:28	8:18	9:24	10:24	11:24	12:24		
East New York		7:01				8:21												3:32	4:32			6:26		7:36	8:26	9:32	10:32	11:32	12:32	
Nostrand Avenue		7:06				8:26												3:37	4:37			6:31		7:41	8:31	9:37	10:37	11:37	12:37	
ATLANTIC TERMINAL		7:13				8:33					10:43	11:43	12:43	1:43	2:43		3:44	4:44			6:38		7:48	8:38	9:44	10:44	11:44	12:44		
Kew Gardens						8:24	8:34																							
Forest Hills										10:16						3:23				5:16	5:49		7:17							
Woodside						8:28			9:47																					
GRAND CENTRAL	J 6:11			8:09			8:48		9:58	10:30											5:30									
PENN STATION	J 6:20		7:43			8:40		9:34									3:37			6:02										
Train #	1705	1707	1125	1709	1233	1711	1235	1715	1245	241	1717	1719	1721	1753	1755	165	1757	1759	261	173	1761	265	1763	1767	1769	1771	1773	1775		

Long Island Rail Road

From Long Island City & Hunterspoint Avenue Monday to Friday except Holidays				
		Leave		Arrive
Train #	Notes	LI City	HP Ave.	Jamaica
Afternoon and Evening Service				
12	Note 2		1:15	1:31
656		3:15	3:30	3:46
558			4:00	4:16
658	Peak		4:22	4:37
18	Peak		4:30	4:46
80	Peak	4:27	4:42	4:58
662	Peak	4:58	5:07	5:25
698	Peak	5:45	6:00	6:16
668	Peak		6:43	6:58
568	Peak	6:40	6:53	7:08

To Hunterspoint Avenue & Long Island City Monday to Friday except Holidays				
		Leave		Arrive
Train #	Notes	Jamaica	HP Ave.	LI City
Morning Service				
609	Peak	6:14	6:32	6:40
611	Peak	6:44	7:02	7:14
35	Peak	7:05	7:23	7:35
37	Peak	7:29	7:47	7:55
615	Peak	7:40	7:57	
509	Peak	7:54	8:11	
617	Peak	8:04	8:21	8:29
513	Peak	8:16	8:32	
7	Peak	8:31	8:48	8:57
621	Peak	8:56	9:13	
515	Peak	9:12	9:28	9:36
11	Note 4	9:51	10:09	

WATCH THE GAP

Reference Notes

*	For complete service west of Jamaica see the applicable City Terminal Zone timetable.
Note 4	Train will operate Mondays, June 5 through October 9, 2023, Tuesdays, May 30, June 20, September 5, 2023 and Wednesday, July 5, 2023.
Note 2	Train will operate Fridays only and Monday, July 3, 2023.
J	Transfer at Jamaica. Transfers are only shown on this timetable for select trains. Use the TrainTime app or a City Terminal Zone timetable to view all your transfer options.
	Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy Information webpage for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs.
Holidays	Holiday service will operate on New Year's Day, Presidents' Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day and Christmas Day. Regular weekday service will operate on the day after Thanksgiving and Martin Luther King Jr. Day. Off Peak fares will apply on these days. Senior/Disabled/Medicare tickets will be honored all day on Columbus Day, Election Day and Veterans Day.
PEAK AM	Off-Peak One-Way/Ten Trip tickets not honored. Senior citizen/People with disabilities/Medicare customers tickets not honored (restriction lifted on Columbus, Election & Veterans Days). No bicycles are allowed on these trains.
PEAK PM	Off-Peak One-Way/Ten Trip tickets not honored. At stations other than western terminals, PM Peak trains may leave up to three minutes early. Please allow sufficient time. No bicycles are allowed on these trains.
Valley Stream	For complete service at Valley Stream, see the Far Rockaway Branch Timetable.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

Station Services: Connecting Transportation					
Station	Fare Zone				
PENN STATION	1	M7, M20, M34-SBS, M34A-SBS, Q32			1, 2, 3, A, C, E, Amtrak, NJ TRANSIT
GRAND CENTRAL	1	M1, M2, M3, M4, M42, M101, M102, M103, Q32			4, 5, 6, 7, S, METRO-NORTH
Woodside	1	Q18, Q32, Q53-SBS, Q70-SBS		LaGuardia Link Q70-SBS	7
Forest Hills	1	Q23, Q31, Q54			E, F, M, R
Kew Gardens	1	Q10			
HUNTERSPPOINT AVE.	1	Q67			7
ATLANTIC TERMINAL	1	B37, B41, B45, B63, B65, B67, B103			2, 3, 4, 5, B, D, N, Q, R
Nostrand Avenue	1	B25, B26, B44, B44-SBS, B49			A, C
East New York	1	B12, B20, B25, B83, Q24, Q56			A, C, J, Z, L
JAMAICA	3	Q6, Q8, Q9, Q20, Q24, Q25, Q30, Q31, Q34, Q40, Q41, Q43, Q44-SBS, Q54, Q56, Q60, Q65			E, J, Z
St. Albans	3	Q4	(718) 461-8093		
Valley Stream	4	n1, Elmont Flexi	(516) 825-4333		
Westwood	4		(516) 599-9123		
Malverne	4	n31, n32	(516) 599-9123		
Lakeview	4	n15	(516) 599-9123		
Hempstead Gardens	4	n15	(516) 483-4433		
WEST HEMPSTEAD	4	n15, n31, n32	(516) 483-4433		

Customer Service Center

Long Island Rail Road Schedule & Fare Info: ..... [www.mta.info](http://www.mta.info)  
24-hour automated Schedule & Fare information  
**Call: 511 (Say "LIRR" at anytime)**

**Deaf/Hard of Hearing Customers:**  
Use your preferred relay service provider or the free 711 relay to reach 511

**NYC SUBWAY AND BUS**  
MTA New York City Transit, MTA Bus ..... 511

**BUS SERVICES:**  
Nassau Inter-County Express ..... (516) 336-6600  
Suffolk County Transit (Suffolk County Buses) ..... (631) 852-5200  
HART (Huntington Area Rapid Transit) ..... (631) HART-BUS  
City of Long Beach Buses ..... (516) 431-4445

**RAILROADS:**  
Metro-North Railroad (New York City) ..... 511  
New Jersey Transit ..... (973) 275-5555  
PATH (Port Authority Trans Hudson) ..... (800) 234-PATH  
AMTRAK ..... (800) USA-RAIL

**FERRY SERVICES:**  
Port Jefferson-Bridgeport Ferry ..... (631) 473-0286

**VISITORS AND TOURISM:**  
Long Island Convention & Visitors Bureau ..... (877) FUN-ON-LI

Helpful Phone Numbers

To Report Vandalism or get Emergency Assistance  
Emergency only ..... 911  
MTA Police ..... (212) 878-1001  
MTA Inspector General Hotline ..... (800) MTA-IG4U

**Call 511 and say "LIRR", then:**

DEPARTMENT	HOURS
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Fare Information .....	Say "Fares" ..... 24/7
Mobile Ticketing .....	Say "Mobile Ticketing" ..... Daily, 6AM – 10 PM
Mail&Ride .....	Say "Mail and Ride" ..... Daily